

# Scientific Program

Day - 1

Hall - A

Date : 03/04/2026

Registration : 8:30 am onwards

Day - 1

9:30 am - 10:30 am

Hall - A

## Surgical Retina - Session - 1

Chairpersons : Dr D K Malla | Dr Xiaoxin Li | Dr S Natarajan | Dr Shalabh Sinha

Moderators : Dr Lily Rajbanshi | Dr Kumar Vivek

Sl.	Speaker	Topic	Time
1	Dr Purusottam Joshi	Intraocular Foreign Body: video presentation	6 Min
2	Dr Kumudini Subedi	Navigating the Necrosis: Management of a Rare Case of Acute Retinal Necrosis in a 9 year old	6 Min
3	Dr Babu Dhanendra Chaurasiya	Early Vitrectomy with Silicon Oil Temponade: A Vision-Saving Strategy in Severe Post-operative Endophthalmitis with Retina Involvement	6 Min
4	Dr Anil Tyata	Outcome of Endophthalmitis at Tertiary eye care center in Nepal	6 Min
5	Dr Ruchi Gupta	Radiological Imaging of Intraocular Foreign Bodies: Diagnostic Pearls and Pitfalls	6 Min
6	Dr Shivendra Sahay	Tips and Tricks for removing Vitreo Retinal Metallic IOFB by Magnet	8 Min
7	Dr S Natarajan	The Fine Art & Science of Managing Ophthalmic Trauma in No PL eyes	10 Min
		Discussion	12 Min

Tea Break

10:00 am - 11:00 am

Day - 1

10:30 am - 12:00 pm

Hall - A

## Surgical Retina - Session - 2

Chairpersons : Dr Jeevan Kumar Shrestha | Dr Lalit Verma | Dr Perfecto Cagampang | Dr Abhishek Kedia

Moderators : Dr Chunu Shrestha | Dr Santosh Kumar

Sl.	Speaker	Topic	Time
1	Dr Lalit Verma	Challenging situation in VR Surgery	10 Min
2	Dr Sangeet Mittal	My missadventures in macular hole surgery	8 Min
3	Dr Sanyam Bajimaya	Surgical management of Epi-Macular Membrane	8 Min
4	Dr Mohammad Moniruzz	Management strategies of traumatic macular hole	8 Min
5	Dr Vinod Kumar Agarwal	Managing macular holes in unusual scenarios	10 Min
		Discussion	8 Min
6	Dr Vaibhav Sethi	Macular Mayhem: From Crimson Domes to Foveal Voids	8 Min
7	Dr Santosh Subedi	Management of subretinal cysticercosis	6 Min
8	Dr Ankur Singh	My approach to endophthalmitis	6 Min
9	Dr Perfecto Cagampang	Artificial Iris: then and now	8 Min
		Discussion	10 Min

Day - 1

Hall - A

Date : 03/04/2026

Day - 1

12:00 pm - 1:30 pm

Hall - A

## Uveitis Session

Chairpersons : Dr D N Shah | Dr Rajeev Reddy Pappuru | Dr Shivendra Sahay | Dr Subhash Prasad  
 Moderators : Dr Kumudini Subedi | Dr Abhishek Gupta

Sl.	Speaker	Topic	Time
1	Dr Perfecto Cagampang	A case of uveitis: One eye post closed vitrectomy and the other intact vitreous... There is a difference in treatment	6 Min
2	Dr Pooja Sinha	A relentless tale of Tubercular Granuloma	6 Min
3	Dr Gyanendra Lamichhane	I think its Retinitis, What should I do?	8 Min
4	Dr Anu Manandhar	Steps of differentiating infective and non-infective uveitis	8 Min
5	Dr Kanwaljeet Harjot Madan	Widefield/Multimodal imaging in Uveitis : Current Perspective	10 Min
		Discussion	10 Min
6	Dr Ranju Kharel Sitaula	Professional Consensus on the Diagnosis and Management of Seasonal Hyperacute Panuveitis (SHAPU): A Survey on Nepalese Ophthalmologists	8 Min
7	Dr Deepak Agrawal	Challenges in management of Pediatric uveitis	8 Min
8	Dr YiHsing (Linda) Chen	Outcome for JAK inhibitors in uveitis	8 Min
9	Dr Rajiv Reddy	Vitreous/Chorioretinal Biopsy	10 Min
		Discussion	8 Min

## Lunch Break

1:30 pm - 2:30 pm

Day - 1

2:30 pm - 4:00 pm

Hall - A

## Plenary Session

Moderators : Dr Priya Bajgain | Dr Deepak Agarwal

Sl.	Speaker	Topic	Time
1	Dr T P Das	Results of Endophthalmitis Management Study	
2	Dr Atchara Amphornphruet	Retinopathy of Prematurity or ROPER	
3	Dr Raj Vardhan Azad	Whole Eye Transplant - A Science Fiction or reality	
4	Dr Sanduk Ruit	TBD	

## Tea Break

4:00 pm - 4:30 pm

Day - 1

4:30 pm - 6:00 pm

Hall - A

## Opening Session - Orations

Moderators : Dr Suvash Pokhrel | Dr Pooja Sinha

Sl.	Speaker	Topic	Time
1	Prof Dr Xiaoxin Li	Prof Dr D K Malla Oration	
2	Prof Dr Xiaoxin Li	Prof Dr Raj Vardhan Azad Oration	

Day - 1

Hall - B

Date : 03/04/2026

Registration : 8:30 am onwards

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9:30 am - 10:30 pm

Hall - B

### Workshop on introducing Supra - Choroidal Triamcinolone in Retina Practice: Technique And Clinical Applications

Chair &amp; Chief Instructor : Dr Sriharanathan Poopalaratnam

Sl.	Speaker	Topic	Time
1	Dr Lalit Agarwal	Relevant Anatomy	10 Min
2	Dr Adhishek Anand	Suprachoroidal Medication	15 Min
3	Dr Sriharanathan Poopalaratnam	Suprachoroidal Buckling	15 Min
4	Q & A	All Faculty	20 Min

Tea Break

10:00 am - 11:00 am

Day - 1

10:30 am - 12:00 pm

Hall - B

### Endoscopic Vitrectomy Workshop

Chair &amp; Chief Instructor : Dr Rajeev R Pappuru

Moderator : Dr Subash Pokharel

Sl.	Speaker	Topic	Time
1	Dr Rajeev R Pappuru	Introduction & Overview : Why Endoscopic Retinal Surgery?	5 Min
2	Dr Sanjita Sharma	Endoscopic Systems : Technology, Instrumentation & OT Setup	10 Min
3	Dr Raba Thapa	Indications for Endoscopic Retinal Surgery	5 Min
4	Dr Rajeev R Pappuru	Surgical Techniques : Step-by-Step Endoscopic Retinal Surgery	20 Min
5	Q & A	All Faculty	15 Min

Day - 1

12:00 pm - 1:30 pm

Hall - B

### ROP Workshop

Chairperson : Dr Raj Vardhan Azad

Co-Chairperson : Dr Tariq Reza Ali

Sl.	Speaker	Topic	Time
1	Dr Sunil Manandhar Dr Sanyam Bajimaya	Background of ROP	8 Min
2	Dr Pratap Karki Dr Lalit Agrawal	"Laser should remain the national standard of care - Anti-VEGF should be restricted."	12 Min
3	Dr Srijana Adhikari Dr Lily Rajbanshi	"Universal National ROP Screening should be mandatory and legally enforced."	12 Min
4	Dr Jyoti Baba Shrestha Dr Suchita Joshi	"Failure of Oxygen Governance is the real cause of ROP epidemic."	12 Min
5	Dr Sanjita Sharma Dr Priya Bajgai	"Is ROP treatable by Surgery"	12 Min
6	Dr Eli Pradhan	Stakeholder Roundtable Discussion	
7	Dr Raj Vardhan Azad Dr Sanyam Bajimaya Dr Pratap Karki	Final Remarks	

Lunch Break

1:30 pm - 2:30 pm

Day - 1

6:00 pm Onwards

Hall - 1

Cultural Program followed by Gala Dinner



Day - 2

Hall - A

Date : 04/04/2026

Day - 2

8:30 am - 10:00 am

Hall - A

**Surgical Retina - Session - 3**

Chairpersons : Dr Raghunandan Byanju | Dr Sriharanathan Poopalaratnam | Dr Jayant Guha | Dr Parth Rana  
 Moderators : Dr Sanjita Sharma | Dr Avnish Deshmukh

Sl.	Speaker	Topic	Time
1	Dr Sangeet Mittal	Basic Vitrectomy Hacks- What they won't teach you in fellowship	10 Min
2	Dr Sriharanathan Poopalaratnam	Endo-illuminator assisted Scleral Buckling	8 Min
3	Dr Rajiv Reddy	Glue assisted RD surgery	8 Min
4	Dr Jayant Guha	Use of mitomycin C to prevent PVR in RRD	8 Min
		Discussion	10 Min
5	Dr Abhishek Gupta	GRT RRD with Choroidal Detachment	6 Min
6	Dr Vaibhav Sethi	Complex case scenarios: surgical nuances and management decisions'	8 Min
7	Dr Jayant Guha	Amniotic Membrane Graft in different indications	8 Min
8	Dr Ashma Manandhar	Surgical Outcomes of Retinal Detachment Secondary to Acute Retinal Necrosis: A Hospital-based Study	6 Min
9	Dr Shishir Shekhar Singh	Vitreo-retinal conditions that make you think twice: Few of my challenging cases:	8 Min
		Discussion	10 Min

**Tea Break**

10:00 am - 11:00 am

Day - 2

8:30 am - 10:00 am

Hall - A

**Diabetic Retinopathy Session**

Chairpersons : Dr Raba Thapa | Dr T P Das | Dr Pruit | Dr Nagender Prasad | Dr Pooja Sinha  
 Moderators : Dr Elena Gurung | Dr Rajesh Agarwal

Sl.	Speaker	Topic	Time
1	Dr Raba Thapa	Diabetic Retinopathy screening for prevention of blindness at low resource setting	8 Min
2	Dr Prut Hanutsaha	Management of DME: Balancing Guidelines with Limited Resource	10 Min
3	Dr Mahmudul Hasan Siddiqi	Bridging the Efficacy Effectiveness Gap in Diabetic Macular Edema: Real World Long Term Outcomes of Anti-VEGF Therapy in Bangladesh perspect.	8 Min
4	Dr Kiran Shakya	Comparison between efficacy of combined Intravitreal bevacizumab and Triamcinolone and Intravitreal Triamcinolone alone for Eyes with unresolved postvitrectomy diabetic vitreous hemorrhage	8 Min
		Discussion	10 Min
5	Dr Mohammad Moniruzz	Surgical challenges in Diabetic Eye Disease: Tractional Retinal Detachment	8 Min
6	Dr Lalit Agarwal	Early vitrectomy in Proliferative Diabetic Retinopathy	8 Min
7	Dr Tariq Reza Ali	Surgical challenges in Diabetic TRD patients	10 Min
8	Prof Dr S Natarajan	BLIND FREE INDIA - My vision - Screening to Surgery for Proliferative Diabetic Retinopathy	10 Min
		Discussion	10 Min

Day - 2

Hall - A

Date : 04/04/2026



Day - 2

8:30 am - 10:00 am

Hall - A

**Competitive Video Session**

Judges : Dr Mohammad Moniruzz | Dr Sri | Dr Linda | Dr Sangeet Mittal  
 Moderators : Dr Nitin Tulsyan | Dr Abhishek Anand

Sl.	Speaker	Topic	Time
1	Dr Abhishek Gupta	Angioma RRD	
2	Dr Chhaya Bharti	Challenges in secondary IOL	
3	Dr Siddharth Patel	High Myopic Rhegmatogenous RD how to tackle the case for better outcome	
4	Dr Anjani Khanna	Optic disc pit maculopathy	
5	Dr Santosh Kumar	Use of proportional hydroreflux in diabetic vitrectomy	
6	Dr Vaibhav Sethi	Aphakia managed with the CM T-Flex scleral-fixated intraocular lens (SFIDL)	
7	Dr Elena Gurung	Subretinal heavy silicone oil	
8	Dr Kshitij Raizada	Duel with Sub-Retinal Cysticercus	
9	Dr Mukesh Pandey	Surgical treatment of RRD with GRT with FTMH	
10	Dr Bikram Shrestha	Traumatic anterior subluxated IOL treated with IOL removal + Anterior Vitrectomy + SFIDL	
11	Dr Nim Lhamu Sherpa	Surgical management of traumatic cataract with lens subluxation	
12	Dr Ashraya Nayaka	Surgical treatment of chronic rhegmatogenous retinal detachment (RRD) with proliferative vitreoretinopathy (PVR) grade C (anterior and posterior)	
13	Dr Vidhata Vidhu	Management of Choroidal detachment in a one eyed patient of Axenfeld rieger syndrome	
14	Dr Kanwaljeet Harjot Madan	Repair of Combined Retinal Detachments in Diabetics	
15	Dr Sameer Chapagain	Surgical treatment of retinal detachment with giant retinal tear	
16	Dr Sameeksha Agrawal	Surgical treatment of Post Traumatic Corneal Tear, Traumatic Cataract, Impacted Intraocular foreign body on retina with Endophthalmitis	

**Lunch Break**

1:00 pm - 2:00 pm

Day - 2

Hall - A

Date : 04/04/2026

Day - 2

2:00 pm - 3:30 pm

Hall - A

**Anterior Segment Management Perspective in Retina Pathology**

Chairpersons : Dr Sudesh Subedi | Dr Purushottam Joshi | Dr Satyajit Sinha | Dr Jagdish R Rana

Moderators : Dr Kabina Shrestha | Dr Roshan Kumar

Sl.	Speaker	Topic	Time
1	Dr Asharaya Nayaka	A novel three-piece implantable capsular bag (iBag) for placement of intraocular lens (IOL) in cases of compromised capsular support	10 Min
2	Dr Parth Rana	Scleral tuck IOL V2	8 Min
3	Dr Lily Rajbanshi	Foldable Scleral-Fixated Intraocular Lens (SF IOL): Advantages and Surgical Challenges	8 Min
4	Dr Arjun Shrestha	SF IOL Yemane technique: ducking leading haptic first vs trailing haptic	8 Min
5	Dr Vidhata Vidhu	SF IOL in Desperate situation	10 Min
		Discussion	6 Min
6	Dr Krishna P Kudlu	PCR: Anterior segment surgeon approach	8 Min
7	Dr Ajeet Kumar Dwivedi	Glaucoma Management in Adulthood Retinal Diseases	8 Min
8	Dr Purusottam Joshi	VR procedures and Raised IOP	6 Min
9	Dr Jagdish R Rana	Cataract in Uveitic eyes	8 Min
		Discussion	10 Min

NVRS & VRSB  
AGM

3:00 pm - 4:00 pm

Day - 2

Hall - B

Date : 04/04/2026

Day - 2

8:30 am - 10:00 am

Hall - B

**Workshop on Inherited Retinal Diseases**

Chairpersons : Dr Parveen Sen | Dr Vinod Kumar Aggarwal

Moderator : Dr Neha Goel

Sl.	Speaker	Topic	Time
1	Dr Parveen Sen	Approach to a patient with suspected IRD	12 Min
2	Dr Vinod Kumar Aggarwal	Multimodal imaging in IRDs	15 Min
3	Dr Neha Goel	Electrophysiological assessment of IRDs	12 Min
4	Dr Parveen Sen	Genotype-phenotype correlation in IRDs	15 Min
5	Dr Priya Bajgai	Interesting cases	10 Min
		Discussion	26 Min

Tea Break

10:00 am - 11:00 am

Day - 2

10:00 am - 11:30 am

Hall - B

**Medical Retina - Session - I**

Chairpersons : Dr Sagun Joshi | Dr Eleonore Bautista Igubam | Dr Sudhir Kumar | Dr Ankur Singh

Moderators : Dr Pratap Karki | Dr Vidhata Vidhu

Sl.	Speaker	Topic	Time
1	Dr Sagun Joshi	Anti VEGF Therapy in Nepal	10 Min
2	Dr Lalit Verma	Trends in Anti VEGF Therapy	10 Min
3	Dr Subhash Prasad	CNVM in Myopia	8 Min
4	Dr Pratap Karki	Outcome of a Single dose Combined Intravitreal Dexamethasone and Bevacizumab Injection for Macular edema and Optic disc edema due to Grade 3 or Grade 4 Hypertensive Retinopathy	8 Min
		Discussion	6 Min
5	Dr Eleonore Bautista Igubam	Management of macular disease and coexisting cataract	8 Min
6	Dr Gunjan Prasai	Synthesizing the evidence: a systematic review on non-surgical ocular hypotony	8 Min
7	Dr Deepak Agrawal	Diagnosing the sinister: An usual case presentation of HIV	6 Min
8	Dr Yi-Hsing (Linda) Chen	Risk for intraocular inflammation after brolocizumab: Asian experience	8 Min
9	Dr Gyanendra Lamichhane	I am not a uveitis Specialist, When should I refer Uveitis case to an expert?	8 Min
		Discussion	10 Min

Day - 2

Hall - B

Date : 04/04/2026

Day - 2

11:30 am - 1:00 pm

Hall - B

## Medical Retina - Session - 2

Chairpersons : Dr Sanyam Bajimaya | Dr Monir | Dr Sony Sinha

Moderators : Dr Gunjan Prasain | Dr Shishir Shekhar Singh

Sl.	Speaker	Topic	Time
1	Dr Eleonore Bautista Igubam	Alexandrite Laser induced Macular injury	8 Min
2	Dr Ruchi Shrestha	A rare case of iris abnormality after laser photocoagulation	6 Min
3	Dr Paramangana Thebe	Hair removal laser induced macular injury: a rare case presentation	6 Min
4	Dr Sudha Ranabhat	Choroidal Microvascular Changes in Unilateral AMD	6 Min
5	Dr Sameeksha Agrawal	Evaluation of safety and efficacy of intravitreal Biosimilars	8 Min
		Discussion	10 Min
6	Dr Prut Hanutsaha	Management of PCV in Thailand	10 Min
7	Dr Prateek Nishant	Necrotizing Viral Maculopathy in a post febrile adolescent: a case report.	6 Min
8	Dr Sanjana Bhandari	Silent Invader: Intraocular moth hair causing Ophthalmia Nodosa; a case report	6 Min
9	Dr Vidhata Vidhu	Differentiating TASS from Endophthalmitis- How to Approach?	6 Min
10	Dr Roshan Kumar	Emerging culprit of post-operative cluster endophthalmitis in Eastern India: Acinetobacter baumannii	6 Min
		Discussion	12 Min

## Lunch Break

1:00 pm - 2:00 pm

Day - 2

2:00 pm - 3:30 pm

Hall - B

## Paediatric Retina

Chairpersons : Dr Xiaoxin Li | Dr Praveen Sen | Dr Eli Pradhan | Dr Tariq

Moderators : Dr Lalit Agarwal | Dr Shalabh Sinha

Sl.	Speaker	Topic	Time
1	Dr Nimesh Patel	Retinopathy of Prematurity Risk Stratified Screening and Treatment in the USA	10 Min
2	Dr Abhishek Anand	Basics of Paediatric Retina Surgery	8 Min
3	Dr Praveen Sen	Surgical management of ROP	10 Min
4	Dr Tariq Reza Ali	Surgery for retinal detachment associated with regressed ROP	8 Min
		Discussion	8 Min
5	Dr Sanjita Sharma	Surgical challenges of stage 5 ROP	8 Min
6	Dr Eli Pradhan	Six-Month Outcomes of Retinopathy of Prematurity Study in Kathmandu Valley	6 Min
7	Dr Atchara Amphornphruet	My best paediatric retinal surgery cases	10 Min
8	Dr Amrit Banstola	Autologous Scleral Plug for Pediatric Optic Disc Pit Maculopathy: Surgical Technique and Outcomes	6 Min
9	Dr Shalabh Sinha	Tips and Tricks of Conventional Buckling	8 Min
		Discussion	8 Min

NVRS & VRSB  
AGM

3:00 pm - 4:00 pm

Day - 2

Hall - C

Date : 04/04/2026

Day - 2

8:00 am - 9:00 am

Hall - C

## Instruction Course on Intravitreal Anti-Vegf

Sl.	Speaker	Topic	Time
1	Dr Eli Pradhan	Case based insights of Aflibercept in the management of wet AMD/ DME	10 Min
2	Dr Anadi Khatri	Why is Eyelea still the winner in 2026	15 Min
3	Dr Sushma Duwal	Mastering anti VEGF delivery : why and how	15 Min
4	Dr Gunjan Prasai	Expanding the Horizon: Comprehensive Applications of Aflibercept in Vitreoretinal Practice	20 Min